

Medical Certification Firefighter Classification

Firefighter classification for physical examination according to Code of Federal Regulations 1910.134, 1910.156, and 1919.120.

Class "A" Firefighter

Interior Structural Firefighter
No Restrictions
Unlimited Respirator Use

Class "B" Firefighter

Only Exterior Firefighter
Light to Moderate Workload
Use of Respirator for Emergency Short Term Use Only

Class "C" Firefighter

Support Firefighter
Light Workload Only
No Respirator Use

Class "D" Firefighter

Not Approved For Firefighter Activities
Auxiliary Work Only

**Otsego County Guidelines
Firefighter Clearance/Classification Examinations
And Frequency of Examinations**

New member:

All candidates for membership of an Otsego County fire department are required to obtain a physical examination and classification prior to acceptance for membership into the department. All candidates who are transferring from a department within Otsego County to another department within Otsego County must substantiate a current physical classification or be re-examined prior to acceptance in the department. The physical examination for new members will include a base physical, EKG, PFT, and fit testing. Total cholesterol and HDL cholesterol testing will be done if over the age of 45; if under 45, this may be done at the discretion of the doctor.

Class A:

A Class A firefighter is defined as an interior structure firefighter, with no restrictions, and unlimited respirator use. This includes interior fire fighters, hazardous materials handlers and self-contained-underwater-breathing-apparatus personnel. The examination for Class A includes a base physical, EKG, PFT, and fit testing. Total cholesterol and HDL cholesterol testing will be done if over the age of 45; if under 45, this may be done at the discretion of the doctor.

Frequency of examinations Class A:

1. Annually over 40 years of age.
2. Bi-annually 30-39 years of age.
3. Tri-annually under 30 years of age.

Class B:

A Class B firefighter is defined as only an exterior firefighter (ladder, ventilation work, handling hose lines, pump operator, driver). Light to moderate workload. Emergency, short-term respirator use only. This includes primary exterior support. Physical examinations for Class B physical include a base physical, EKG and PFT. Total cholesterol and HDL cholesterol testing will be done if over the age of 45; if under 45, this may be done at the discretion of the doctor.

Frequency of examinations Class B:

1. Bi-annually over 40 years of age.
2. Tri-annually 30-39.
3. Every 5 years under 30 years of age.

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Class C:

A Class C firefighter is defined as a support firefighter. Light workload only. No respirator use. This includes fire police and equipment operators. Duties may include: assisting with hose layouts, carrying equipment, help changing air bottles, cleaning and maintaining equipment, picking up at the fire scene. Physical exams for a Class C include a base physical and EKG. PFT may be done at the discretion of the doctor. No fit testing or cholesterol testing is required, unless requested by the doctor.

Frequency of examinations: Class C

1. Bi-annually over 50 years of age.
2. Tri-annually over 40 years of age.
3. Every 5 years for all other age groups.

EMS:

- EMS members who are also firefighters, may be either a Class A or B.
- EMS members who are non-firefighters may be a Class B.
- EMS members who are drivers only, may be a Class C.

Please refer to the appropriate classifications noted above as to what type of physical is needed and the frequency of the examinations.

Documentation:

Documentation will be provided to the employee and employers substantiating the employee classification by the physical provider. The employee will be issued a personal card indicating their classification, which should be carried at all times. The employee and department will be advised annually as to the status of employee physicals and schedule physicals for the upcoming year.